PALMA LOGISTICS LIFE SAVING RULES

Safe Systems of Work

All hazards associated with a task or activity must be identified and suitable control measures put in place

Never bypass, override or modify safety systems

Personnel involved must be suitably trained and competent in the task or activity

Safety procedures must be communicated, understood and complied with at all times

Line of Fire

Never position your body in the way of moving objects, vehicles, pressure releases or dropped objects.

Always obey barriers and exclusion zones

Take action to secure loose objects and report all potential dropped objects

Continuously risk assess your working environment

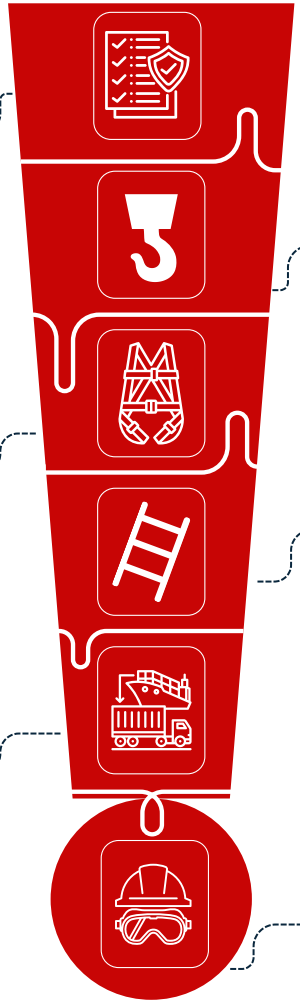
Transportation

All modes of transportation must be appropriately certified and fit for purpose

They must never be operated by personnel under the influence of intoxicating substances

They can only be operated by suitably trained and certified personnel

Whilst driving always wear a seatbelt, never use mobile devices or exceed speed limits



Lifting

Never stand or walk under a suspended load

All lifting equipment must be suitable for the lift, certified and inspected prior to use

All operators of lifting equipment must be suitably trained and certified

Exclusion zones must be established and controlled prior to any lift taking place

Working at Height

Avoid working from height where it is reasonably practicable to do so

All work at height equipment must be inspected for defects prior to each use

Be aware of what fall protection to use and how to use it

Secure tools and work materials to prevent dropped objects

PPE

Never enter an operational worksite without wearing the correct PPE

Always ensure PPE is inspected and is in good condition prior to use

All personnel must be adequately trained in the safe use of the PPE

Wear task specific PPE when required to do so by the task risk assessment